# **CLINICAL FAQ**

### HOW CAN PATIENTS BENEFIT FROM THE PROCEDURE?

EMSELLA helps patients to restore the control of their bladder, pelvic floor muscles and eliminate incontinence or any kind of intimate discomfort. EMSELLA is a truly non-invasive procedure where patients remain fully clothed

## HOW DOES EMSELLA COMPARE TO THE OTHER PROCEDURES THAT ARE OUT THERE?

EMSELLA is the only procedure that targets pelvic floor muscles and causes deep pelvic floor stimulation because of HIFEM procedure. All other procedures such as intravaginal electrostimulation have a risk of burns and lack the effect as the electrical current treats tissue only superficially, not even mentioning the need to insert the disposable vaginal probe. Comparing to Kegels, patients are not able to properly contract pelvic floor muscles, build the routine to do Kegels at least 3x per day and do them in hundreds of repetitions to see some results.





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### WHO IS THE RIGHT CANDIDATE?

EMSELLA is a great option for anyone who desire solution for urinary incontinence, recovery after childbirth and improvement in the quality of their intimate life.

#### **IS IT SAFE?**

EMSELLA is FDA cleared, medical CE-marked, and represents the first innovative technology that has shown in multiple studies to treat incontinence and intimate discomfort.

### CAN I TREAT PATIENTS WITH METAL IMPLANTS EVEN IF THEY ARE MRI COMPATIBLE?

No, it is contraindicated.

#### **DOES HIFEM PROCEDURE HEAT OR BURN THE TISSUE?**

No, HIFEM procedure does not have any thermal effect.





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#### WHEN PATIENTS CAN SEE THE RESULTS?

Patients observe improvement after a single session. The results will typically continue to improve over the next few weeks.

#### HOW LONG DO THE RESULTS LAST?

EMSELLA studies show that between 85 - 95% satisfaction rate for 6 months follow-up. Maintenance treatment depends on each patient and severity of the incontinence. Usually patients need touch up between 6 months and 12 months after the last treatment.

## WHAT IS THE DIFFERENCE BETWEEN EMSELLA AND OTHER INTRAVAGINAL ENERGY BASED DEVICES (LASER OR RF)?

EMSELLA targets and strengthens pelvic floor muscles. Thanks to muscle re-education the patient know how to properly control and activate pelvic floor muscles. LASERs or intravaginal radiofrequency target only collagen and elastin structures. Treatments can be complementary to enhance different structures and improve different aspects of the intimate health.



